

INFORMATION FOR PARENTS & CARERS



RETURN TO MODIFIED TRAINING: STAGE 1

WHAT YOU NEED TO KNOW

- Alamein FC's priority is to safeguard the health and wellbeing of the our community during the COVID-19 pandemic. The club is following the guidelines and framework provided by Football Victoria, Sports Recreation Victoria in conjunction with Victoria's DHHS
- All football participants including players, coaches, club officials, parents/guardians and any other person at our facilities are responsible for stopping the spread of COVID-19. The following guidelines are designed to assist in understanding ways that you can help.

Arriving, Departing and Staying at a Training Session



Confirm your child's attendance via **Teamstuff** and players to change at home



Players to shower at home as change rooms are closed. Toilets are open but not more than one person at any one time



Sanitise your hands before and after attending a training session



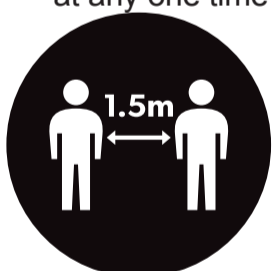
If practical only one parent/carer to take their child to training



Hand Sanitiser will be available at each venue including toilets and with each coach



Arrive **10** minutes prior to training starts. If you arrive earlier you **MUST** stay in your car



Preference is for a drop off and pick up of your child. If staying maintain a 1.5m distance from others



All equipment will be disinfected after each training session. Toilets will be cleaned and disinfected daily



NO entry to playing fields. **NO** congregating at at entry or exits points of the venue



Cover your mouth and nose when you sneeze/ cough or use inside of your elbow or tissue

Once training has concluded leave the venue immediately

Do not come to training if you exhibit any of these symptoms or have been in contact with a known or suspected case of COVID-19.

Advise the club immediately if you test Positive to COVID-19



Fever



Cough



Fatigue



Sore throat



Shortness of breath

For more information go to www.footballvictoria.com.au or www.dhhs.vic.gov.au